

Updated Information on the Advanced Diploma in Health Science (Aesthetics)

The Gold Coast Training Academy's Burleigh Heads campus has introduced new units of competency into their Advanced Diploma of Health Science (Aesthetics) course. This has been done in order for therapists to adapt to the many changes taking place in relation to equipment and products used within the industry today.

These days many beauty therapists are being trained by the manufacturers of the equipment or product companies. We feel that a qualification such as the Advanced Diploma in Health Science (Aesthetics) will offer therapists an alternative to this and result in them obtaining a nationally recognised qualification. This will allow the therapist to feel more confident in their treatment protocols and secure them the right to obtain their own Medical Malpractice/Public and Product Liability Insurance.

Following are available units which may be of interest:

1) Advanced Lymphatic Drainage Massage

This unit is beneficial to those clients who suffer from oedema, especially post operatively after cosmetic surgery. It is important to have an extensive knowledge of the lymphatic system which is covered within delivery of this unit.

Dates for in-house training

Day: Thursday

Time: 9.00am to 4.00pm

Commencement date: 16th July 2009

Delivery Length: 6 weeks

Cost: \$800.00

Dates for block training

Dates for block: Monday 21st September 2009 to Friday 25th September 2009

Time: 9am to 4pm

Cost: \$800.00

2) Use Electrical Equipment in Advanced Aesthetic Treatments

Many therapists are using advanced machinery in salons but the question remains, *“How confident are you? Is your knowledge only about the machine you are using and not about the range of available machines? How much theory did you cover? Before using the equipment did you study advanced methods of skin diagnosis?”*

This unit will provide the therapist with extensive knowledge and an advanced level of skill required for the assessment of a clients skin and the application of equipment used in advanced aesthetic treatments. Therapists are exposed to a variety of machines including low intensity laser, micro-currents, micro-dermabrasion, IPL (Intense Pulse Light), ultrasonic and L.E.D's.

Note: This unit is scheduled to be delivered in 2 one week blocks of time. To complete this whole unit you will be required to attend both blocks.

Dates for in-house training

Day: Monday

Time: 1.00pm to 4.00pm

Commencement date: 2nd February 2009

Delivery Length: 19 weeks

Cost: \$2,000.00

Dates for block training

Dates for first block: Monday 6th April 2009 to Thursday 9th April 2009

Time: 9.00am to 4.00pm

Cost: \$1000.00

Dates for second block: Monday 6th July 2009 to Friday 10th July 2009

Time: 9.00am to 4.00pm

Cost: \$1000.00

3) Provide Chemical Peeling procedures in skin therapy

Whilst many therapists perform chemical peeling in salons this is usually confined to basic AHA's and BHA's. This unit addresses an in depth understanding of the bio-chemistry of the cell, transdermal absorption and Fitzpatrick scale. A wide range of peels are introduced to the student and case studies are performed.

Dates for in-house training

Day: Thursday

Time: 9.00am to 4.00pm

Commencement date: 12th February 2009

Delivery Length: 16 weeks

Cost: \$2,000.00

Dates for block training

Dates for block: Tuesday 14th April 2009 to Saturday 18th April 2009

Time: 9.00am to 4.00pm

Cost: \$2,000.00

4) Health Science Units

HMS 1 Anatomy & Histology (A & B)

HMS 2 Physiology & Biochemistry (B)

HMS 3 Physiology & Biochemistry (A)

HMS 4 Physiology & Biochemistry (B)

If you have a passion for studying the human body, then these units may be of great interest to you. This unit allows the therapist to have a greater understanding of how the body works and the many intricate systems that make up the human form. There are four units HMS 1 – 4. You may chose one of these units or complete all four.

Dates for in-house training

Day: Mondays

Time: 9.00am to 12.00noon

Commencement date: HMS1 2nd February 2009
HMS2 25th May 2009
HMS3 7th September 2009
HMS4 1st February 2010

Delivery length: 12 weeks

Cost: \$600.00 per unit

Note: *These units can also be completed via correspondence.*

5) Perform cosmetic injections and dermal filling procedures

***For registered or endorsed enrolled nurses only. ***

Many nurses are performing injectables without a nationally recognised qualification. Nurses must be under the supervision of an appropriately qualified Doctor. This unit is taught by our medical director. It includes the study of facial anatomy, skin biology and science and a wide selection of practical tuition in cosmetic injections and dermal fillers.

Date: TBA

Time: 9.00am to 4.00pm

Cost: \$1700.00

6) Permanent epilation (Electrolysis) and Diathermy

Electrolysis

Electrolysis is the only method of permanent hair removal including non-pigmented hair. It provides excellent results with minimal disruption to the skin.

Diathermy

Diathermy includes the treatment of minor skin imperfections such as small fibrous growths, thread veins (broken veins or dilated capillaries) spider naevi or blood spots.

Dates for in-house training

Day: Tuesdays

Time: 9.00am to 4.00pm

Commencement date: 3rd February 2009

Delivery length: 9 weeks

Cost: \$1,870.00