



ADVANCED DIPLOMA OF HEALTH SCIENCE (AESTHETICS) **Information for: Qualified Beauty Therapists**

The Gold Coast Training Academy offers opportunities to qualified beauty therapists wanting to expand their knowledge within the industry and upgrade their skills to an aesthetic therapist level.

The Advanced Diploma of Health Science (Aesthetics) boasts an excellent vocational outcome for therapists who wish to move away from the traditional areas of beauty therapy and into the rapidly growing area of aesthetics and anti-aging therapies.

The Advanced Diploma of Health Science (Aesthetics) is a skin specific course incorporating a high level of both theory and practical units. It allows beauty therapists who are currently working in the industry and may be operating equipment or performing procedures that they don't have certification for, the opportunity to obtain a recognized qualification and in turn gain professional indemnity insurance.

Central to the course are 4 Health Science units giving the therapist a greater understanding of the human body at a cellular level and more in depth knowledge of Skin Biology and the integumentary system as a whole. These units may be completed on Campus or via correspondence.

We have written and developed four very extensive units (listed below) in response to the overwhelming feedback we received from consultation with industry. These units relate specifically to beauty therapists working with aesthetic level machinery and performing advanced treatments without an accredited qualification.

AESTH 601A Perform chemical peeling procedures in skin therapy

This unit provides therapists with a greater understanding of chemical peels, their background, constituents and client specific treatments. This unit gives therapists an advanced level of skill and knowledge which is required to perform a thorough skin analysis and application of the appropriate chemical peel, including Jessner and T.C.A peels. Therapists learn how to provide aftercare advice to clients who have been treated at an aesthetic level.

AESTH 602A Use electrical equipment in advanced aesthetic treatments

This unit requires the therapist to interpret a treatment plan and select and apply the appropriate electrical equipment to suit the client's specific skin condition. Therapists acquire an in depth knowledge of how to make an advanced assessment on a client's skin and treat them under work place policies and procedures and health and hygiene guidelines. Advanced aesthetic treatments covered in this unit include equipment such as Hair removal, I.P.L, Low intensity laser, Micro-current, Oxygen therapies and advanced Micro-dermabrasion techniques. Therapists learn how to provide aftercare advice to clients who have been treated at an advanced level, and combine different procedures.

AESTH 603A Develop paramedical skincare product knowledge

This unit allows the therapist to research the development of paramedical skincare product ranges, addressing areas from appropriate application and use within treatments, to retail sales and marketing power. The therapist has to document the products ability to treat different skin types and disorders and make judgement on their suitability as a product for treatment at an aesthetic level.

AESTH 604A Develop and co-ordinate a referral system for surgical and non-surgical procedures

This unit requires the therapist to examine surgical and non-surgical procedures and provide recommendation to an appropriate medical professional through a referral system. Therapists learn to carry out suitable pre and post operative treatments in preparation for surgical and non surgical procedures.

WRBBS 514A Provide superficial lymph drainage massage

This unit provides therapists with the skills and knowledge to perform manual superficial lymphatic drainage massage for the face and body. Therapists learn the importance of lymphatic drainage techniques for pre and post operative procedures.

HLTIN 301A Comply with infection control policies and procedures in health work

This unit educates a student on how to comply with infection control procedures that are specific to the work that an aesthetic therapist will perform. Therapists will display knowledge of these policies and procedures at an aesthetic/health level through ongoing practical work.

HLTCOM 4A Communicate effectively with clients/patients

In this unit therapists learn the skills required to communicate with clients/patients as an aesthetic practitioner. Therapists are required to display their ability to maintain this effective communication through all interactions, ensuring a procedure is performed according to the treatment plan.

HLTNUT 601A Provide basic dietary advice

– This unit enables the therapist to provide nutritional support and give specific dietary advice to a client/patient, helping to enhance the outcome of their treatments. Therapists acquire a greater understanding of how important nutritional awareness and a structured diet regime is for a client/patient trying to achieve results through aesthetic therapies, as well as acquiring in-depth knowledge on the benefits of supplementation.

The delivery of this course is part-time for beauty therapists and therefore you still have the opportunity to continue working. Easy payment plans are available and in some cases students may be able to apply for a NAB loan which offers a deferred payment scheme.

For further information regarding course commencement dates or to arrange an interview please contact:

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